

Parent/Guardian Message Template for Schools:

Dear Parent/Guardian,

[You may add a greeting from your school and school kitchen here.]

School meals provide your child with important nutrients and energy for the day. A balanced meal helps children stay focused, learn and feel well throughout the school day. However, an increasing number of children eat only part of their school meal or skip it altogether. Only a meal that is eaten can nourish a child. That is why we need encouragement from both home and school to support children's eating habits.

We warmly welcome you to the **National Parents' Evening on Wednesday, 9 September, at 6:00 pm: School and ECEC Meals Are Here for Your Child. What If Your Child Doesn't Eat?**

The live webinar will be held in Finnish. By registering, you will also receive access to the recording with English subtitles.

Register here: <https://www.lyyti.fi/reg/koko-suomen-vanhempainilta>

Our school is participating in the national **Olen lastasi varten** ("I'm Here for Your Child") campaign, which aims to promote positive and constructive conversations about school meals.

Campaign website: lastasivarten.fi (in Finnish)

The campaign is coordinated by the Finnish Society for Food Education Ruukku, the Finnish Heart Association and Savonia University of Applied Sciences. The project is funded by the Finnish Ministry of Social Affairs and Health.

[School signature]